



## APOLLO HEALTH CHECKS

*Preventive care is the need of the hour*



**Apollo Clinic**  
*Expertise. Closer to you.*

## Did you know?

- Cardiovascular diseases are the number one cause of death in both urban and rural India
- India is home to **62 million** diabetics, second only to China
- US, India and China collectively account for almost one third of the global breast cancer burden
- A Preventive health check can save your life

Approximately **5,00,000** people avail Apollo Health Checks annually!

As the pioneer of health checks in India and globally, Apollo has invaluable experience and expertise in putting together comprehensive preventive healthcare packages to address a cross-section of ailments, diseases, conditions across age groups and genders.

## APOLLO HEALTH CHECK PACKAGES

Apollo Health Checks are a set of comprehensive and reliable Preventive Healthcare Packages, designed keeping in mind the varied requirements of all the members of your family.

### ■ APOLLO MASTER HEALTH CHECK

This check-up, designed for both men and women, involves a thorough physical examination and consultation. It includes a wide range of tests to assess your health and provide suitable directions.

**It includes :**

#### **Haemogram**

- Haemoglobin
- Packed Cell Volume
- MCHC, MCV, MCH
- WBC, Differential Count
- Peripheral Smear
- RBC, ESR
- Platelet Count

#### **Liver Function Test**

- Total Protein, Albumin, Globulin
- AG Ratio
- Alkaline Phosphatase
- SGPT
- GGTP
- SGOP
- Bilirubin-Total & Indirect

#### **Blood Sugar**

- Blood Sugar Fasting & PP

#### **Others**

- Blood Grouping & Rh Typing
- X Ray Chest
- ECG
- Ultrasound screening of whole abdomen
- Urine examination
- Stool examination

#### **Lipid Profile**

- Total Cholesterol
- HDL
- LDL
- VLDL
- Triglycerides
- Total Cholesterol / HDL Ratio

#### **Kidney Assessment**

- Serum Urea
- Serum Creatinine
- Serum Uric-Acid

#### **For Women**

- Pap Smear
- Gynaecologist Consultation

#### **For Men**

- Surgical Consultation

₹ 4400

\* Breakfast Included

### ■ APOLLO EXECUTIVE HEALTH CHECK

If you lead a stressful life, this check-up is for you, it is also recommended for those who smoke and are exposed to high levels of pollution. In addition to the tests and consultation included in the Apollo Master Health Check, this also includes :

- Treadmill Test (TMT)
- Pulmonary Function Test (PFT)
- Diet Counselling

₹ 5300

### ■ APOLLO HEART CHECK

As a result of our unique genetic traits and lifestyle patterns, we Indians are prone to heart ailments. This check is a comprehensive set of tests providing complete information on the status of your cardiovascular system.

It includes all the tests and consultations in the Apollo Executive Health Check and following additional tests.

- Echocardiography (ECHO)

₹ 6200

### ■ APOLLO COMPREHENSIVE CHECK

This check is the most comprehensive set of tests and consultation, providing complete information for the whole body.

It includes all the tests and consultations in the Apollo Heart Check and following additional consultations & tests.

- TSH (Thyroid)
- Advance Cardiac risk factors (APO-A1, APO-B)
- Ophthal Consultation
- ENT Consultation
- PSA for Men

₹ 7300

### ■ APOLLO PREMIER HEALTH-CHECK

In addition to all the tests covered under Apollo Comprehensive Check up, this check up gives option of testing the most common vitamin deficiencies and an advance test for blood sugar.

In addition to Apollo Comprehensive check it includes the following tests.

- Glycosylated Haemoglobin (HbA1c)
- Vitamin D 3
- Vitamin B 12

₹ 9000

## ■ APOLLO DIABETES CHECK

Apollo's Diabetes screening helps to detect diabetes early and helps to plan for a healthy life ahead.

- Blood Sugar (Fasting & PP)
- Lipid Profile
- Glycosylated Haemoglobin (HbA1C)
- Serum Creatinine
- SGOT, SGPT
- Clinical Examination by Internal Medicine Consultant
- Eye Examination by Ophthalmologist
- Diet Consultation by Dietician
- ECG
- Chest X-Ray
- Urine Routine/Microscopic
- Urine Microalbumin

\* Breakfast Included

₹ 2700

## ■ APOLLO EXPRESS HEALTH-CHECK

Apollo Express check up comprises of the most basic of tests to gauge your health & well beings. It also takes the least amount of time to undergo this check up and is ideal for young people who are short on time and just want a basic assessment of their health.

- Haemogram
- Fasting Blood Sugar
- Serum Creatinine
- SGPT
- Uric acid
- Cholesterol
- Triglyceride
- ECG
- Urine Routine
- Physician Consultation

₹ 1500

## ■ APOLLO CHILD HEALTH CHECK

This check-up evaluates your child's health. Since the formative years are crucial, it helps in monitoring not only the growth and nutritional requirements but also the overall health status of the child. It includes :

- Complete Haemogram
- Complete Urine Analysis
- X Ray Chest
- Mantoux Test
- Stool Examination
- Consultation with Paediatrician

₹ 1250

**PREVENTION**  
*is better than*  
**CURE !**

## WHY APOLLO HEALTH CHECKS?

Apollo Health Checks are comprehensive packages especially designed to suit your individual needs. They not only assess your present health status, but also screen you for any potential risk factors.

Apollo's preventive healthcare checks give you the opportunity of recognising problems early so that your chances of treatment and cure rise dramatically.

**GET YOUR HEALTH CHECK  
DONE TODAY!**

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